What is Claimed:

1. A method for treating erythema nodosum leprosum using thalidomide while preventing foetal exposure, the method comprising permitting access to thalidomide only after becoming aware of approval of a prescription for thalidomide for the patient from a computer readable storage medium, the generation of the prescription approval comprising the following steps:

a. registering in a computer readable storage medium physicians permitted to prescribe thalidomide;

b. providing said patient with counseling information concerning the teratogenic risks attendant to foetal exposure to thalidomide;

c. obtaining the informed consent of said patient to receive thalidomide despite said risks;

d. registering said patient in said medium, including information concerning the ability of said patient to become pregnant or to impregnate a female;

e. upon a determination that said patient is capable of becoming pregnant or capable of impregnating a female, determining that said patient is not currently pregnant or counseling said patient capable of impregnating a female to use a contraceptive device or formulation when engaging in sexual intercourse with a female, and registering same in said medium; and

f. permitting said patient access to thalidomide only after consulting said medium to verify that said patient is either incapable of becoming pregnant or is not currently pregnant, or if capable of impregnating a female, has been counseled to use a contraceptive device or formulation when engaging in sexual intercourse with a female.

2. The method of claim 1 wherein said contraceptive device is a condom.

3. The method of claim 1 wherein said prescription is for no more than about 28 days.

4. The method of claim 1 wherein, before said prescription is refilled, said method further comprises:

g. obtaining additional information regarding the likelihood that said patient may have become pregnant, and, based upon said additional information determining whether said patient could have become pregnant during the previous 28 days; and

h. upon a determination that said patient could have become pregnant, administering a pregnancy test to verify that said patient is not currently pregnant, before said prescription is refilled.

5. The method of claim 1 further comprising providing said patient capable of becoming pregnant with contraception counseling.

6. The method of any preceding claim, further comprising providing said patient with a contraceptive device or formulation.

7. A method for treating a patient having a disease or condition which is responsive to thalidomide while preventing foetal exposure, the method comprising permitting access to thalidomide only after becoming aware of approval of a prescription for thalidomide for the patient from a computer readable storage medium, the generation of the prescription approval comprising the following steps:

a. registering in a computer readable storage medium physicians permitted to prescribe thalidomide;

b. providing said patient with counseling information concerning the teratogenic risks attendant to foetal exposure to thalidomide;

c. obtaining the informed consent of said patient to receive thalidomide despite said risks;

d. registering said patient in said medium, including information concerning the ability of said patient to become pregnant or to impregnate a female;

e. upon a determination that said patient is capable of becoming pregnant or capable of impregnating a female, determining that said patient is not currently pregnant or counseling said patient capable of impregnating a female to use a contraceptive device or formulation when engaging in sexual intercourse with a female, and registering same in said medium; and

f. permitting said patient access to thalidomide only after consulting said medium to verify that said patient is either incapable of becoming pregnant or is not currently pregnant, or if capable of impregnating a female, has been counseled to use a contraceptive device or formulation when engaging in sexual intercourse with a female.

8. The method of claim 7 wherein said contraceptive device is a condom.

9. The method of claim 7 wherein said prescription is for no more than about 28 days.

10. The method of claim 7 wherein, before said prescription is refilled, said method further comprises:

g. obtaining additional information regarding the likelihood that said patient may have become pregnant, and, based upon said additional information determining whether said patient could have become pregnant during the previous 28 days; and

h. upon a determination that said patient could have become pregnant, administering a pregnancy test to verify that said patient is not currently pregnant, before said prescription is refilled.

11. The method of claim 7 further comprising providing said patient capable of becoming pregnant with contraception counseling.

12. The method of as in any one of claims 7, 8, 9, 10 and 11, further comprising providing said patient with a contraceptive device or formulation.